

Title: Practical Steps to Integrating Formative Assessment in Physical Education Lessons

Formative assessment (FA) is an integral tool in monitoring the progress of our students. There have been significant shifts toward a more holistic approach in assessment with formative assessment at the fore. In Physical Education (PE), there is a pressing need to shift assessment methodology in that direction. The current syllabus covers a large range of learning areas. Unwittingly, PE teachers might encounter instances to cover the syllabus so that there will be ample time to report the learning at the end of each semester. This might lead the PE teachers to take a summative approach towards assessing the performance of the students. However, a summative form of assessment would not capture an accurate picture of the student's performance overtime.

In this presentation, an overview of our journey in assessing students during Physical Education; from a summative approach to taking practical steps to meaningfully integrate formative assessment in PE lessons will be presented. The positive effects on student's performance accompanied by good practices and processes for integrating FA into our daily teaching will be shared. Resources developed by the department will be made available for schools that would like to kick-start their FA journey.