

## Title: Effective Teaching in Adapted Physical Education: What Do We Know & What Should We Do

Cynthia Choo (2019) reported that, in Singapore, about 80% of 32,000 students with special needs were placed in mainstream schools. That means, Physical Education (PE) teachers, in Singapore, are required to equip the knowledge of various disabilities and new pedagogical strategies, fulfilling the needs of and achieving the learning objectives of the students with special needs at schools. However, Yao (2016) found that the majority of in-service PE teachers lacked competence, ability, and knowledge in including students with disabilities in inclusive PE. In this session, three major topics will be covered. Firstly, an overview of diverse disabilities and characteristics will be introduced. Then, the presenter will discuss major challenges in teaching students with disabilities. Lastly, alternative strategies and possible solutions will be provided.