

Title: 3E & 3S of assessment, nurturing critical and inventive thinkers in Ultimate Frisbee through assessment.

Assessment in games should be made an enjoyable and meaningful experience for both students and teachers. An implementation framework (3E+3S) for assessment was developed in enabling the Physical Education (PE) Department to incorporate formative assessment in PE lessons.

On top of key principles of formative assessment, the 3E approach guides the design of the assessment task in PE, which should be effective, efficient and enjoyable. The 3S guides the execution where the assessment tasks should be simple, same (but slightly different) and smooth.

One of the key outcomes of PE in Seng Kang Secondary School (SKSS) is to develop in our students the necessary thinking skills to be a critical & inventive thinker and a self-directed learner.

Apart from experiencing a range of assessment tasks for Ultimate frisbee, the workshop includes sharing of how to make assessment tasks, closely aligned to the learning objectives of the PE Syllabus, in PE lessons simple, progressive and meaningful for learners.